This is story of a young lady who has taken up competitive shooting as told by her mother. Emily has demonstrated determination and focus that is both admirable and exceptional. Her performance reflects well on her and those who have worked with her and made her shooting possible.

She has a long career ahead of her in a sport that some would consider nontraditional but offers so much to people, male and female young and old.

Thank you Emily you are an inspiration to all competitive shooters.

Michael Lutes

Interim President

Royal New Brunswick Rifle Association

Emily started shooting January 2011 and after a few months she started shooting competitively. That October St Croix Sportsman Club hosted the North Atlantic Championship and Emily had her first taste of competition. She won Gold, but bigger than the win was the desire and determination that Emily wanted to succeed on a higher level.

So with lots of training, Emily went to her first Canadian Grand Prix in Toronto. It was not the same as our own range. Lots to learn and see. Shooters from all across Canada, North America & Europe were there, but even still Emily won Gold in Sub Junior and a place in the finals.

Next big step was the 2012 National Smallbore Championship. This was a totally different environment for Emily with the heat, humidity and top Women Air Rifle athletes from across Canada, but she still managed to win Bronze in Expert and with her score she earned a place on the National Development Team.

2013 was an amazing year first a trip to Sydney Australia to shoot at the Youth Olympic Festival. The offer of World Cups in both Korea and Germany, but due to finances Emily went to only Munich Germany. But that all seems so long ago, because the competitions just kept coming in Canada, US and Germany.

Emily's continued training and hard work allowed her to shoot for a quota spot in Fort Benning for the Youth Olympics in China, then off to the first Youth World Cup in Suhl, Germany. Then home to start training in the ISSF .22 Match rifle Prone discipline a well a Sporting 3P & Prone.

But this year at the 2014 Nationals in Beachburg, Ontario, Emily stayed for the full 10 days with shooting for 8 of those days, first Sporting .22 for 2 days in 3P and Prone. Emily won the following:

Sporting Rifle

Gold - Prone - Sharp Shooter
Gold - Prone - Intermediate Junior
Gold - Prone - Ladies
Gold Prone - Teams IJ

Gold 3P - Expert Gold - 3P - IJ Gold - 3P - Ladies Gold - 3P Teams IJ

ISSF Match Rifle

Gold - Prone - Expert (first time shooting this discipline)
Emily also now holds the Junior record for ISSF Prone with 592.0

10M Women's Air Rifle Gold - Expert

Silver - Intermediate Junior

Emily also now holds the final record of 205.0 2014 NATIONAL WOMEN'S AIR RIFLE CHAMPION

Now for the Plagues

50M Prone Aggregate Junior Women Champion Sporting Rifle Grand Aggregate Women's Champion Sporting Rifle Grand Aggregate Int. Junior Champion Sporting Grand Aggregate 1st Expert.

Next came her 10m Olympic Air Rifle and this was one of her best moments to date. She won Gold in Expert division, Silver in International Junior and 3rd place overall which placed Emily in the finals. She shot her first 2 sets of 3 shots really constant and then the next 2 eliminating shoots and Emily moved to 1st place. This is where Emily's training, focus and her new maturity allowed her to shoot one good shot after another. She stayed in 1st place for the rest of the final, continuing to increase her lead finally finishing up with a 205.4. This is now the new National Women's Finals record. It was also a higher score then the men. Emily has again earned a spot on the Development Team.

With this win Emily is now the National Women's Air Rifle Champion. But her shooting wasn't finished yet. The next day she was back on the outdoor range where she shot her first ISSF .22 Match rifle Prone. Yet again she won gold in the expert and International Junior and set another Junior record for the Match Prone.

What's next for Emily, well one of the first dreams when she started shooting was to go to the Canada Games, so now she's ready to check that off her list and continue to raise her own bar as to her future plans.

To quote Emily: "I want to go to the Olympics, I don't think I'll make the 2016, but I'm trying for the 2020 definitely. But next year it's the Pan Am Games in July."

For now it's back to the range!





